



## The Courage to Create

*Rollo May*

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# The Courage to Create

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## **The Courage to Create** Rollo May

"Extraordinary, wise, and hopeful... nearly poetic meditations."—*Boston Globe*

What if imagination and art are not, as many of us might think, the frosting on life but the fountainhead of human experience? What if our logic and science derive from art forms, rather than the other way around? In this trenchant volume, Rollo May helps all of us find those creative impulses that, once liberated, offer new possibilities for achievement. A renowned therapist and inspiring guide, Dr. May draws on his experience to show how we can break out of old patterns in our lives. His insightful book offers us a way through our fears into a fully realized self.

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