



# Handbook of Assessment and Treatment Planning for Psychological Disorders

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# Handbook of Assessment and Treatment Planning for Psychological Disorders

## Handbook of Assessment and Treatment Planning for Psychological Disorders

This comprehensive reference and text provides detailed guidelines for conducting multimodal assessments of individuals suffering from frequently encountered psychological disorders. The contributors, leading scientist-practitioners, address the growing need for assessment approaches that are brief, easy to implement, and psychometrically sound. Tools and techniques considered include structured and semi-structured interviews, self-report measures, psychophysiological measures, observational techniques, and more. Of crucial importance, the book also demonstrates how assessment results can effectively be used in planning evidence-based interventions and monitoring the outcome of treatment.



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