



How to Survive Life (and Death): A Guide for Happiness in This World and Beyond

Robert Kopecky

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When you nearly die three times, you learn a thing or two about how to live...

An Emmy-nominated art director for television, Robert Kopecky never dreamed he'd end up writing a book about how to survive life and death. But what else could he do? Over the years, Kopecky had not one but three near-death experiences. He discovered exactly what lives on the other side of our fears about dying—and living. And he had some stories he knew we'd want to hear. Even some very funny ones.

Read this book and you'll find yourself uncoiling, relaxing your shoulders, taking deeper breaths. You may even feel like you're floating as you begin to shed the weight of a lifetime of social and existential anxiety. You'll discover what Kopecky believes are the three keys to living more life:

- Radical Kindness
- Radical Forgiveness
- Radical Surrender.

And you'll find the calm determination to live your life accordingly..

“When you travel simply and lightly, with humility and curiosity and open-heartedness, you're bound to discover the most beautiful things—about yourself, everyone else, and Life. You learn the rewards of simply showing up and being the best person you know how to be—without expecting anything in return, except maybe the chance to learn something new, and to share Love. Why not make your ‘travel’ plans through Life like that?” —**from the book**

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Why? Because this How to Survive Life (and Death): A Guide for Happiness in This World and Beyond is an unordinary book that the inside of the guide waiting for you to snap that but latter it will surprise you with the secret the idea inside. Reading this book adjacent to it was fantastic author who all write the book in such incredible way makes the content inside easier to understand, entertaining means but still convey the meaning totally. So , it is good for you for not hesitating having this any more or you going to regret it. This book will give you a lot of positive aspects than the other book get such as help improving your expertise and your critical thinking approach. So , still want to delay having that book? If I were you I will go to the book store hurriedly.

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