



In Midlife: A Jungian Perspective

Murray Stein

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Midlife: crisis, anger, change... Drawing on analytic experience, dreams, and myths, the author, a well-known analyst, formulates the three main features of the middle passage. First an erosion of attachments. Then hints of a fresh spirit, renegade and mischievous, that scoffs at routines. This new spirit disrupts life and alarms family and friends. Finally, with luck, a transformation occurs; life begins again.

Murray Stein, former president of the International Association for Analytical Psychology, has written a best-selling, good-humored book, brimming with shrewd counsel and cultural relevance.

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