



# Relish: My Life in the Kitchen

*Lucy Knisley*

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## **Relish: My Life in the Kitchen** Lucy Knisley

Lucy Knisley loves food. The daughter of a chef and a gourmet, this talented young cartoonist comes by her obsession honestly. In her forthright, thoughtful, and funny memoir, Lucy traces key episodes in her life thus far, framed by what she was eating at the time and lessons learned about food, cooking, and life. Each chapter is bookended with an illustrated recipe—many of them treasured family dishes, and a few of them Lucy's original inventions.

A welcome read for anyone who ever felt more passion for a sandwich than is strictly speaking proper, *Relish* is a graphic novel for our time: it invites the reader to celebrate food as a connection to our bodies and a connection to the earth, rather than an enemy, a compulsion, or a consumer product.

A *Publishers Weekly* Best Children's Book of 2013

An NPR Best Book of 2013



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