



The Mindful Teacher (the series on school reform)

Elizabeth MacDonald, Dennis Shirley

Download now

[Click here](#) if your download doesn't start automatically

The Mindful Teacher (the series on school reform)

Elizabeth MacDonald, Dennis Shirley

The Mindful Teacher (the series on school reform) Elizabeth MacDonald, Dennis Shirley

As academic achievement becomes narrowed into a single-minded obsession with test scores, what possibilities remain for ethical, caring teachers to hone their craft and inspire their students with the joy of learning? In *The Mindful Teacher*, authors MacDonald and Shirley begin by articulating the prevalent problem of “alienated teaching”—the kind of teaching that teachers perform when they must comply with external conditions that they feel do not serve their students well. As a solution, the authors propose “mindful teaching” —the kind of teaching that is informed by contemplative practices and teacher inquiry. They identify “seven synergies of mindful teaching” —strategies that teachers can use daily to integrate more reflection and attunement into their busy classroom life. Co-authored by an urban public school teacher and a professor of education, *The Mindful Teacher*:

- Describes a three-year teacher inquiry project exploring various contemplative approaches to educational change.
- Includes vignettes from real teachers discussing educational dilemmas in their urban schools.
- Provides strategies to combat the negative effects of top-down policy mandates on teaching and learning.

“This book provides powerful evidence of the benefits of authentic school and university partnerships. *The Mindful Teacher* will be treasured by educators everywhere.”

—**Thomas Payzant**, Professor of Practice, Harvard University, and Superintendent of the Boston Public Schools 1995–2006

“All those who care about education and our schools will cherish *The Mindful Teacher*. Here is a text that teaches us how to name, frame, and claim the problems of urban education, as we embrace the struggle, organize the support, and provide learning for those in schools and universities alike.”

—**Ann Lieberman**, Senior Scholar, Stanford University

“This is the book I have been looking for. *The Mindful Teacher* is conceptually rich and practically feasible. I have no doubt that ‘the seven synergies of mindful teaching’ will inspire teaching well beyond North America.”

—**Jonathan D Jansen**, author of *Knowledge in the Blood: Confronting Race and the Apartheid Past* and Vice Chancellor and Principal, University of the Free State, South Africa

 [Download The Mindful Teacher \(the series on school reform\) ...pdf](#)

 [Read Online The Mindful Teacher \(the series on school reform\) ...pdf](#)

Download and Read Free Online The Mindful Teacher (the series on school reform) Elizabeth MacDonald, Dennis Shirley

From reader reviews:

Nathan Barnes:

Have you spare time for just a day? What do you do when you have far more or little spare time? Yes, you can choose the suitable activity with regard to spend your time. Any person spent their particular spare time to take a wander, shopping, or went to typically the Mall. How about open or perhaps read a book titled The Mindful Teacher (the series on school reform)? Maybe it is to become best activity for you. You recognize beside you can spend your time using your favorite's book, you can better than before. Do you agree with it is opinion or you have some other opinion?

Charles Ginter:

Nowadays reading books become more than want or need but also be a life style. This reading practice give you lot of advantages. The benefits you got of course the knowledge even the information inside the book which improve your knowledge and information. The details you get based on what kind of publication you read, if you want attract knowledge just go with schooling books but if you want sense happy read one with theme for entertaining like comic or novel. Typically the The Mindful Teacher (the series on school reform) is kind of reserve which is giving the reader unforeseen experience.

Stephen Thrush:

You are able to spend your free time to study this book this publication. This The Mindful Teacher (the series on school reform) is simple bringing you can read it in the playground, in the beach, train and also soon. If you did not have got much space to bring typically the printed book, you can buy often the e-book. It is make you better to read it. You can save often the book in your smart phone. Consequently there are a lot of benefits that you will get when you buy this book.

Donna Moore:

As we know that book is very important thing to add our knowledge for everything. By a book we can know everything you want. A book is a pair of written, printed, illustrated or maybe blank sheet. Every year ended up being exactly added. This guide The Mindful Teacher (the series on school reform) was filled with regards to science. Spend your free time to add your knowledge about your science competence. Some people has several feel when they reading a book. If you know how big advantage of a book, you can truly feel enjoy to read a publication. In the modern era like now, many ways to get book you wanted.

**Download and Read Online The Mindful Teacher (the series on school reform) Elizabeth MacDonald, Dennis Shirley
#0SDIJ436AKC**

Read The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley for online ebook

The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley books to read online.

Online The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley ebook PDF download

The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley Doc

The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley Mobipocket

The Mindful Teacher (the series on school reform) by Elizabeth MacDonald, Dennis Shirley EPub