



Manual de tecnicas de modificacion y terapia de conducta (COLECCION PSICOLOGIA) (Psicologia / Psychology) (Spanish Edition)

Labrador Encinas, Francisco Javier. Cruzado Rodriguez, Jose Antonio. Munoz Lopez, Manuel

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Ha transcurrido casi un cuarto de siglo desde que comenz? a desarrollarse la modificaci?n de conducta en Espa?a. Tras un r?pido crecimiento, se ha convertido en el tipo de intervenci?n psicol?gica m?s utilizado y que mejores resultados ha obtenido. La presente obra ofrece un panorama actualizado de lo que constituyen hoy en d?a los procedimientos y las t?cnicas m?s importantes de modificaci?n de conducta. El objetivo principal del libro es el de ense?ar con precisi?n y minuciosidad la aplicaci?n de cada una de las t?cnicas, tanto de evaluaci?n como de tratamiento, teniendo siempre como referencia el marco te?rico adecuado. Los cap?tulos exponen, pormenorizadamente y con abundantes ejemplos, la forma de proceder en la utilizaci?n de cada una de las t?cnicas, junto a sus posibles variaciones y todos los aspectos a tener en cuenta para una correcta aplicaci?n de las mismas. Es un manual ?til para el profesional, bien como obra de consulta para la soluci?n de los problemas que se presenten durante su quehacer habitual, bien como obra que posibilite su reciclaje. A la vez, constituye una gu?a de entrenamiento para el estudiante que se acerque a este campo de intervenci?n. Es tambi?n muy aconsejable para los profesionales de campos de conocimiento o intervenci?n pr?ximos que deseen profundizar en la modificaci?n de conducta.



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