



Mason Jar Meals, Salads & Lunches Box Set: Quick and Easy Recipes for Meals on the Go, in a Jar

Amber Brooks

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Mason Jar Meals: Quick and Easy Recipes for Meals on the Go, in a Jar and Mason Jar Salads: Quick and Easy Recipes for Salads on the Go, in a Jar and Mason Jar Lunches: Quick and Easy Recipes for Lunches on the Go, in a Jar * * * 3 books in one AND a FREE Bonus recipe book!!! * * * Incredibly quick, easy and tasty recipes that you can just grab and go! Are you too busy to cook every day? Do you skip meals because you don't have time to sit down and make something? Do you waste your money on takeout and fast food that is expensive and unhealthy just because it's more convenient? Well, this book is for you!!! Sure Mason Jars are cute, crafty, and pretty trendy right now, but they are also incredibly useful. You're about to discover how to make all kinds of meals in a jar, so that you can take them anywhere, and they will stay fresh for days!!! This book has over 50 recipes and detailed instructions for how to use a Mason Jar to make traditionally not-so-convenient food, amazingly easy, portable and beautiful. The Mason jar is what allows you to keep the dressing from making the salad soggy, it's easy to do once you know how, and this book will explain it all!! Health conscious? Grab a jar of salad on the run! Sauce explosion avoided! Done right, the Mason jar keeps every component where it should be Pack early and avoid a morning rush! Mason Jar meals can last for days! And it doesn't end there! Many more recipes and tips await! Here are a few of the recipes these books include: Peach and Granola Parfait Sweet Potato, Arugula and Avocado Salad Bacon & eggs in a Jar Barbeque in a Jar Mason Jar Burritos Raspberry Panna Cotta Melon Smoothies California Salad Chicken Taco Salad in a Jar Mixed bean salad in a Jar Chicken, citrus, orzo salad in a Jar Mixed Berries and Almond Salad in a Jar Salami Salad in a Jar Zucchini Salad in a Jar Romaine, peas and feta salad in a Jar Tortellini and Artichoke Salad in a Jar Balsamic grilled chicken Salad in a Jar Fresh Mozzarella and Spinach Salad in a Jar Chicken Cordon Bleu in a Jar Mexican Chicken in a Jar Pesto Chicken in a Jar Beef Tacos in a Jar Chilli and cornbread in a Jar Macaroni and mini meatballs in a Jar Pulled Pork in a Jar Spicy Pork Chilli in a Jar Sparerib Salad in a Jar Cajun grilled shrimp in a Jar Salmon Nicoise in a Jar Deconstructed Tuna Salad in a Jar Spring Style Sprout Salad in a Jar Healthy Burrito in a Jar Penne Pesto in a Jar Quinoa Salad in a Jar Asian salad in a Jar Much, much more!

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