



New Day, New Me: Devotions of Acceptance, Courage, and Surrender Recovery Journal

Mike Shea

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New Day, New Me is a devotional journal designed to help those in recovery--and everyone in recovery from something--develop, strengthen, or renew a relationship with God. It's essential to depend on someone, or something, other than ourselves. Daily devotion, prayer, and meditation time are critical components of maintaining sobriety and building a strong foundation with God-free indeed! Just as our physical bodies need daily nourishment, we also need spiritual food every day to withstand life on life's terms. New Day, New Me incorporates scriptural references with practical, spiritual teachings that can be applied to everyday life circumstances.



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Dawn Nelson:

Playing with family within a park, coming to see the water world or hanging out with friends is thing that usually you might have done when you have spare time, and then why you don't try thing that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love New Day, New Me: Devotions of Acceptance, Courage, and Surrender Recovery Journal, it is possible to enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh can happen its mind hangout fellas. What? Still don't get it, oh come on its called reading friends.

Lee Wing:

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