



Traumatismes psychiques: Prise en charge psychologique des victimes (French Edition)

Louis Crocq

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Frappées par la violence de notre société - violence des catastrophes naturelles ou accidentelles, violence des guerres, terrorisme, agressions physiques et psychiques, viols, maltraitance -, les victimes traumatisées cherchent un soulagement à leur souffrance et un soutien compétent à leur vécu de détresse et d'abandon. Traumatismes psychiques. Prise en charge psychologique des victimes permettra aux psychologues confrontés à ces patients de mieux comprendre cette pathologie du trauma et de connaître les méthodes et techniques de soin et de suivi thérapeutique.

Cet ouvrage présente :

- les tableaux cliniques, immédiats, post-immédiats et chroniques déterminés par le trauma ;
- les approches thérapeutiques appropriées aux victimes ;
- des exemples concrets d'interventions, d'actions ou de soutien psychologique.

Dans ce livre, le lecteur trouvera des approches thérapeutiques originales et peu connues, comme l'intervention psychothérapeutique post-immédiate (IPPI), l'approche sérielle des victimes et l'accompagnement psychologique des familles endeuillées ; il sera également initié à des techniques thérapeutiques spécialisées, telles l'EMDR, la technique des trois dessins et la mallette de jeu portable. Cet ouvrage, résolument pratique, s'adresse à l'ensemble des psychologues confrontés aux traumatismes psychiques, ainsi qu'aux psychiatres et autres professionnels de santé mentale qui reçoivent de plus en plus de patients - enfants et adultes - traumatisés.

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