



# **Identifying and Treating Youth Who Sexually Offend: Current Approaches, Techniques, and Research (Monograph Published Simultaneously as the Journal of Child S)**

Kristina Crumpton Franey

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What factors contribute to the making of a youthful sexual offender?

This book is designed to assist professionals working with youth who sexually offend. A distinguished panel of experts discusses the latest research and provides theory, techniques, and practical guidelines for the assessment and treatment of this challenging population.

Identifying and Treating Youth Who Sexually Offend: Current Approaches, Techniques, and Research lays an essential foundation with a theoretical overview that frames the subject in a clear, easy-to-follow style. This section includes:

- a comprehensive overview of the controversies, definitions, and salient characteristics of youth who sexually offend that provides an understanding of the factors believed to be related to sex offending among youth as well as an up-to-date review of current theory
- an examination of an etiological model that is frequently applied to adult sex offenders—is it applicable for use with youthful offenders?

The second section of Identifying and Treating Youth Who Sexually Offend tackles the challenges professionals face when conducting assessments of sexually abusive youth. This section is designed to help the clinicians of today and tomorrow become better equipped to handle the daunting task of assessment—from choosing assessment tools to decreasing denial with specific interviewing techniques. Readers will learn:

- how to distinguish subtypes among this population—with a research review and comparative descriptions of clinical and empirical typologies as well as discussion of the Trauma Outcome Process model and practical examples for clinicians
- how to predict the rate of re-offense among youth who sexually offend, with a review of five risk assessment methods and four scales plus directions for using them—including the Juvenile Sex Offender Assessment Protocol (JSOP), the Protective Factors Scale (PFS), and the Estimate of Risk of Adolescent Sex Offender Recidivism (ERASOR)
- the “nuts and bolts” of the interviewing and clinical assessment phase of treatment—a look at effective interviewing strategies, the process of change, and the stages of change model
- the importance of family therapy in the treatment of these youth—ways to include parents in relapse prevention planning and ways to handle treatment providers’ misconceptions and concerns about including family therapy in this type of treatment
- cognitive-behavioral treatment models for use in outpatient settings—with treatment strategies directed toward various individual or family clinical targets, including psychological dysfunctions, sexual deviance, adolescent development and adaptive skills, and parent/family relationships
- an integrated (holistic) experiential approach to treatment, complete with sample exercises and a discussion of the pros and cons of many current treatment modalities
- a multi-family group therapy (MFGT) approach—with a look at this powerful intervention mode’s

advantages, including economic benefits, family-to-family support and mentoring, community-based resourcefulness, and accelerated catalyzing of emotions, and directions for how to establish a MFGT format for treatment

- current practices in residential treatment for adolescent sex offenders—policies, testing and assessment procedures, therapeutic approaches used, number of males and females in treatment, etc.

The final section of Identifying and Treating Youth Who Sexually Offend explores what happens to youth who sexually offend after they leave treatment. This includes:

a look at the life experiences of a samp

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