



# An A to Z Practical Guide to Emotional and Behavioural Difficulties

*Harry Ayers, Cesia Prytys*

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The aim of this practical and user-friendly A to Z handbook is to enable the interested reader to gain quick and easy access to entries relating to or associated with emotional and behavioral difficulties. It focuses on adult problems as well as those of children and adolescents.

The entries clearly and succinctly define and explain emotional behavioral terms and some of the different ways in which emotional and behavioral problems can be approached or treated. Where appropriate, entries are accompanied by a brief bibliography. Useful addresses and contact phone numbers are also provided where appropriate.

This guide is useful for all teachers, mentors, social workers, educational social workers, educational psychologists, counselors, care workers, students and other professionals and voluntary workers in allied fields. It will also be of interest to parents and carers.



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