



Playing Like a Girl: Transforming Our Lives Through Team Sports

Marian Betancourt

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More and more women and girls are discovering the joy and relishing the fierce competition of team sports. Their increasing participation in sports is influencing all aspects of women's—and men's—lives. *Playing Like a Girl* explores the ramifications of this sports revolution, such as the change in male-female relationships, the impact on women in the workplace, the long-term effects of Title IX, and the phenomenon of men coaching women. These ideas are explored through stories of women from grandmothers playing basketball in the Senior Olympics, to working women who get up before dawn to row on the Potomac River. Robert Lipsyte, writing in *The New York Times*, said, "For a wider look at the obstacles and opportunities facing the emergent female athlete, read, *Playing Like a Girl*." Jo A. Hannafin, MD, PhD, founder of the Women's Sports Medicine Center Hospital for Special Surgery and team physician, U.S. Rowing Team, called the book, "A wonderful compilation of personal stories and hard facts, which provide compelling evidence for the power of team sports in the development of strong and successful women."

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