



Clinical Case Management for People with Mental Illness: A Biopsychosocial Vulnerability-Stress Model (Haworth Social Work in Health Care)

Gary Rosenberg, Andrew Weissman, Daniel Fu Keung Wong

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A unique—and effective—approach to mental health practice

Clinical Case Management for People with Mental Illness combines theory, practice, and plenty of clinical examples to introduce a unique approach to case management that's based on a biopsychosocial vulnerability-stress model. This practice-oriented handbook stresses the dynamic interplay among biological, psychological, social, and environmental factors that influences the development—and severity—of a person's mental illness. Filled with case examples to illustrate the assessment and intervention process, the book is an essential resource for working with people who suffer from depression, anxiety disorders, schizophrenia, and personality disorders.

Author Daniel Fu Keung Wong draws on his experiences as an educator, cognitive therapist, mental health worker, and case manager working in Asia and Australia to explore the concepts and contexts of clinical case management for individuals suffering from mild and chronic mental illness. He guides you through the creative use of various therapeutic approaches that emphasize different aspects of a person's condition that can influence the cause and course of mental illness. Clinical Case Management for People with Mental Illness examines a range of important topics, including the roles and functions of mental health workers, relapse prevention, assessment and clinical intervention, psychiatric crisis management, and working with families. In addition, the book includes checklists, worksheets, activity charts, and three helpful appendices.

Clinical Case Management for People with Mental Illness examines:

- models of assessment
- microskills in assessment
- areas of assessment and intervention
- understanding the roles and psychological reactions of family members
- assessing and working with individuals with suicidal risk or aggressive behaviors
- and much more!

Clinical Case Management for People with Mental Illness is an essential resource for mental health professionals, including psychologists, occupational therapists, mental health social workers, nurses, counselors, and family social workers.

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