



# Coping with Psoriasis: A Patient's Guide to Treatment

*David L. Cram*

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## **Coping with Psoriasis: A Patient's Guide to Treatment** David L. Cram

Psoriasis can be managed in most patients so they can live productive lives. In **Coping with Psoriasis**, Dr. Cram covers how the disease starts, choosing the right doctor, treatment options, the importance of treating the emotional symptoms, the role of special diets, alternative therapies, and advances in treatment. Index, glossary, resource section.

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