



Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders

Rondalyn Varney Whitney PhD OTR/L, Wendy Pickren Ms Otr/l

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Building strong skills for self-regulation and improving quality of life for families is the focus of this revolutionary book on sensory-sensitive learning for children who struggle with common activities of daily living.

Using a metaphor of building a house, Rondalyn Whitney and Wendy Pickren guide you through strategies to balance the scales of sensation with collaboration, critical reasoning and problem solving. Activities, recipes, case studies, unique worksheets and journal logs incorporate a WISER approach to resolving disruptions in functional development and creating optimal outcomes.

WISER Approach:

W—What is the problem we need to solve?

I—Isolate what you know and what you need to know

S—Strategy: Give one a try

E—Evaluate whether your strategy solved the right problem

R—Reflect on what you now understand

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From reader reviews:

Frances Williamson:

Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders can be one of your basic books that are good idea. We all recommend that straight away because this publication has good vocabulary that may increase your knowledge in language, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort to put every word into enjoyment arrangement in writing Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders however doesn't forget the main place, giving the reader the hottest along with based confirm resource facts that maybe you can be considered one of it. This great information can easily drawn you into fresh stage of crucial pondering.

Roger Dupre:

The book untitled Self-Regulation: A Family Systems Approach for Children with Autism, Learning Disabilities, Adhd & Sensory Disorders contain a lot of information on the item. The writer explains your ex idea with easy means. The language is very easy to understand all the people, so do not necessarily worry, you can easy to read that. The book was written by famous author. The author brings you in the new period of time of literary works. It is possible to read this book because you can continue reading your smart phone, or device, so you can read the book with anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and order it. Have a nice learn.

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