



The Comfort of Home: An Illustrated Step-By-Step Guide for Caregivers, 2nd Edition

Maria M. Meyer, Paula Derr RN

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Winner of the 1999 Benjamin Franklin Award for Health Titles

Now - at last - a guide that promises to take the fear out of home care and brings confidence and peace of mind to caregivers.

Simple and Practical! Starts with the basics - which most books wrongly assume you already know. Easy to read.

Positive and Empowering! Contains all the information you need at your fingertips - both now and as new health care needs arise. Like a trusted friend, it will guide you every step of the way.

Full of Money-Saving Ideas! Emphasizes simple ways to prevent accidents and infections that lead to expensive hospital stays.

A to Z!

Takes you through all the steps of home care, helping you to:

- Learn the latest American Heart Association CPR standards
- Make the home safe and comfortable for people with special needs.
- Easily handle everyday activities like toileting, bathing, and wheelchair transfers.
- Ensure getting proper nutrition.
- Avoid infections and illnesses.
- Deal with the particular needs of a person with Alzheimer's.
- Communicate with health care professionals to get the service you need.
- Learn latest American Heart Association CPR standards.
- Understand end-of-life health care documents.
- Avoid caregiver burnout.
- Plus - Contains checklists, resources, and tips to make your job easier.

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