



Acondicionar e Conservar Vegetais (Portuguese Edition)

Sarah Sophia

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Acondicionar e Conservar Vegetais

A Série Essencial De cozinha, Livro 52

Acondicionar e Preservar? Não é o que a minha avó fazia? É, e este livro informativo de receitas esclarece a razão dos porquês.

Originalmente começou como uma maneira de economizar dinheiro e aumentar a vida de um alimento na prateleira, Acondicionar e Preservar assume um significado totalmente novo na nossa era moderna. Os vegetais, em especial, estão cheios de nutrientes e sabores inexplorados. Aprenda a extrair essas jóias escondidas, seguindo estas diretrizes e receitas sugeridas.

Prepare e depois transmita aos amigos e entes queridos os alimentos em conserva deliciosos, de fazer água na boca.

Uma Arte Perdida? Deixou de ser!

Acredite que há mais nas conservas de vegetais do que simplesmente embalá-los num frasco de vidro e enroscar uma tampa. Há uma arte que requer medidas de segurança e de precisão para fornecer os melhores produtos alimentícios como resultado final. Adicione à mistura especiarias, marinadas e um sem número de ideias a explodir de sabor e delicie-se meses depois.

São possíveis inúmeras combinações saborosas. Depois de dominar as 30 receitas contidas neste livro de receitas fáceis de seguir, surpreenderá a sua família e amigos com as suas próprias misturas. Literalmente, não há maneira de errar com estas receitas maravilhosas.

Pode ser divertido e fácil.

Vamos abranger tudo nas páginas do oportuno livro de receitas: o que é acondicionar e preservar - como funciona, o atual "Como Fazer", e uma variedade realista de receitas maravilhosas.

Saiba o que milhares já descobriram: acondicionar e preservar os seus alimentos pode ser gratificante e rentável - surpreenda os seus amigos, e, em seguida, diga-lhes onde obteve esta jóia de livro de receitas.

Se pode comê-lo ... pode preservá-lo!

Este oportuno guia de instrução e livro de receitas é o ú

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Anthony Youngblood:

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