



Speaking Our Minds: What It's Like to Have Alzheimer's

Lisa Snyder

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"This is the best book I've ever read on Alzheimer's disease . . . Ms. Snyder's work teaches us a deep respect for the uniqueness of each individual with Alzheimer's disease, and that the most profound way to learn is to listen."

—Robyn Yale, LCSW, author of *Counseling People with Early-Stage Alzheimer's Disease*, Clinical Social Worker, and Consultant to the Alzheimer's Association

"After years of thinking, reading, writing, and speaking about Alzheimer's, I'm convinced that the best way to understand what it feels like to have Alzheimer's disease is to listen to the true experts—people with Alzheimer's. In *Speaking Our Minds* . . . their stories are moving, insightful, inspiring, and above all, memorable."

—Lisa Genova, Ph.D., author of *Still Alice*

Gain an unparalleled view into the world of the person with Alzheimer's through this enlightening collection of first-hand accounts from seven diverse individuals with the disease. By interweaving each person's responses with author Lisa Snyder's own thoughtful interpretation, this rich text offers professionals, family caregivers, students, and people who have dementia the opportunity to learn more about

- The uniqueness of each person's experience and symptoms
- Coping strategies people use to face the changes and losses in their lives
- The changes that are experienced as the disease progresses
- Barriers to living full and dignified lives
- How to identify with and listen to persons with Alzheimer's
- Distinct issues for young-onset persons with dementia

Ideal for people with early-stage Alzheimer's and related dementias and anyone who interacts with that person. This book will transform the way you look at Alzheimer's and how you interact with those who have it.

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