



# Discover True North: A Program to Ignite Your Passion and Activate Your Potential

*Anne Bruce*

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**Discover True North: A Program to Ignite Your Passion and Activate Your Potential** Anne Bruce

**A powerful formula for a life of achievement--starting now**

Created by leading motivational speaker and corporate trainer Anne Bruce, this highly effective plan helps participants discover their own "true north" in order to find a focus for success. Throughout *Discover True North* are invaluable exercises, worksheets, and insights for personal growth developed from Bruce's work with thousands of workshop members and clients throughout the world--from Sprint and Ben & Jerry's to The American Red Cross and the London Institute of Management.

Unlike other goal-oriented processes that call for long-range three-to-five-year life plans, working through this unique fourweek formula helps unlock potential immediately--today. Readers will learn how to:

- Activate and learn to rely on the inner compass to define life direction
- Create a Life Board of Directors
- Make the critical choices that move life forward
- Pinpoint their emotional and intellectual competencies
- Discover the "Einstein Approach" to brining forth you own genius

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