



The Irish B&B Cookbook

Ann Mulligan

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A selection of recipes to delight both the beginner and the accomplished cook. A great find for anyone who wishes to entertain with confidence or for the busy professional who wants an alternative to flavourless meals. Using local ingredients with a dash of ingenuity to counteract repetition in everyday meals, Ann's recipes are health-conscious without sacrificing taste. As well as recipes for traditional brown bread and scones, there are mouth-watering dishes like Cashel Blue Potato Bake, Salmon Florentine, Helvic Head Seafood Gumbo and Rustic Tomato Soup. Desserts are easily prepared yet decadent. All the reader will need is a shopping list and a spirit of adventure.

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Katherine Khan:

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