



# Archetype Revisited: An Updated Natural History of the Self

*Anthony Stevens*

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*Archetype: A Natural History of the Self*, first published in 1982 was a ground-breaking book; the first to explore the connections between Jung's archetypes and evolutionary disciplines such as ethology and sociobiology, and an excellent introduction to the archetypes in theory and practical application as well.

C.G. Jung's 'archetypes of the collective unconscious' have traditionally remained the property of analytical psychology, and have commonly been dismissed as 'mystical' by scientists. But Jung himself described them as biological entities, which, if they exist at all, must be amenable to empirical study. In the work of Bowlby and Lorenz, and in recent studies of the bilateral brain, Dr Anthony Stevens has discovered the key to opening up this long-ignored scientific approach to the archetypes, originally envisaged by Jung himself. At last, in a creative leap made possible by the cross-fertilisation of several specialist disciplines, psychiatry can be integrated with psychology, with ethology and biology. The result is an immensely enriched science of human behaviour.

In this revised, updated edition, Anthony Stevens considers the enormous cultural, social and intellectual changes that have taken place in the past 20 years, and includes:

- \* An updated chapter on The Archetypal Masculine and Feminine, reflecting recent research findings and developments in the thinking of feminists
- \* Commentary on the intrusion of neo-Darwinian thinking into psychology and psychiatry
- \* Analysis of what has happened to the archetype in the past 20 years in terms of our understanding of it and our responses to it

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