



# Super Secret Police S\*\*t That Can Save Your Life

*Harry Hammer*

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# Super Secret Police S\*\*t That Can Save Your Life

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## **Super Secret Police S\*\*t That Can Save Your Life** Harry Hammer

A guide of critical skills, tactics and principles that can keep you alive in the violent world we live in today.

In a world where a crime or act of violence occurs against women and men over a million times each year, it's increasingly important how to act when disaster strikes. This book is an amalgam of universal self-defense secrets that can maximize your chances of surviving almost any type of assault.

This is knowledge I have passed on to over 1200 criminal justice professionals, law enforcement officers, security police, correction officers, and lay-citizens at risk over the past thirty-years. SSPS is also a culmination of survival secrets that some of the most accomplished warrior-trainers have passed down to me.

Includes the following sections:

- PRINCIPLES OF PREVENTION.
- CRUCIAL LEGAL LIMITATIONS OF SELF DEFENSE.
- MAKING YOURSELF/YOUR LOVED ONES INTO A TOUGH TARGET.
- THE OODA LOOP AND YOU.
- DELIVERING MAXIMUM BOMBAGE (Creating Damage to your Assailant).
- TARGET FOCUSED COUNTERMEASURES. Primary and Secondary Targets.
- HOW TO TRAIN YOURSELF AT HOME OR THE GYM FOR THE ULTIMATE SELF DEFENSE.

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