



Bodily Communication

Michael Argyle

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Non-verbal communication - the eye movements, facial expressions, tone of voice, postures and gestures that we all use more or less consciously and more or less effectively - can enhance or diminish every form of social interaction. Michael Argyle's second edition of *Bodily Communication* is an invaluable up-to-date guide for students of the subject. In the last ten years NVC has become recognized as an important part of social psychology and of professional training, particularly in social work, education and management. Greatly expanded from the first edition, and significantly revised, this second edition has two completely new chapters on social skills and personality, and a new chapter on research methods. The author, a pioneer in the study of non-verbal communication, presents the second edition in the same accessible style as the first, bringing to the reader both his intense interest in the subject and his authoritative knowledge of it.

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