



# **The Secret Life of a Fool: One Man's Raw Journey from Shame to Grace**

*Andrew Palau*

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## **The Secret Life of a Fool: One Man's Raw Journey from Shame to Grace** Andrew Palau

He spent his growing-up years living for himself—recklessly rebelling against his evangelist father's faith, numb to God and to the letters his father wrote him, immersed in the dark side of life. Until one intense night in the Jamaican Blue Mountains that allowed him to see himself in the mirror of grace, changing everything. The Secret Life of a Fool is Andrew Palau's unforgettable journey of running from God—and the crushing, freeing experience of coming back to Him. It is a story of getting high, burning up cars, being stranded in Europe, surviving a near-fatal plane crash, and utter despair overcome by simple grace and a father's love, expressed in excerpted letters throughout this book.



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