



# Broken Spirits: The Treatment of Traumatized Asylum Seekers, Refugees and War and Torture Victims

*John P. Wilson, Boris Drozdek*

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Mental health problems among asylum seekers and refugees are becoming a public issue, but awareness of this problem among the mental health community is relatively low. Although advances have been made in the provision of innovative mental health services for asylum seekers and refugees with PTSD, they are not systemized, and not widely known to professionals in the field. A publication offering practical guidelines for the treatment of torture victims and political refugees does not exist. *Broken Spirits* aims to bring together the works of the most respected mental health professionals - from the U.S. and abroad - and make available the most current knowledge on complex PTSD, forced migration and cultural sensitivity in diagnosis and treatment.

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