



Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul

William Alexander

Download now

[Click here](#) if your download doesn't start automatically

Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul

William Alexander

Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul William Alexander

"Funny, courageous, and empowering. In exploring the richness of his own life, Alexander celebrates and invites us to discover the uniqueness and wisdom within ourselves. This book is a gift to those of us who are old, and even more, perhaps, to those who are young." Zen Master Dennis Genpo Merzel, author of *Big Mind, Big Heart: Finding Your Way* ,

"Moving between the intimacy of self-revelation and the universality of spiritual wisdom, Alexander takes us on an absorbing and illuminating journey to the outer edges of life." Kevin Griffin, author of *One Breath at a Time: Buddhism and the Twelve Steps*

Out of author William Alexander's personal reflections and hard-won insights emerges an unconventional approach to the challenges of achieving and maintaining real sobriety--"a radical way of living on this earth, endlessly honest, open, and willing"--that come with aging. Beginning with the admission that we are as powerless over growing old as we are over our addictions, Bill takes readers on a journey of discovery and, in doing so, overturns the clichés of age, revealing how he was able to let go of old ideas about "self," experience meditation in a new light, and discover the virtues of simplicity. With one foot planted in the principles of AA, and the other in his ever-evolving personal spiritual journey blending Eastern and Western traditions, *Hi, I'm Bill and I'm Old* helps people in recovery embrace the unique challenges that come with age as lessons for reinventing their own sobriety.

William Alexander is a writer, storyteller, and teacher who leads sobriety workshops at such venues as Union Theological Seminary, the Esalen Institute, and Hazelden Foundation. He is the author of Cool Water and Still Waters.

 [Download Hi I'm Bill and I'm Old: Reinventing My Sobriety f ...pdf](#)

 [Read Online Hi I'm Bill and I'm Old: Reinventing My Sobriety ...pdf](#)

Download and Read Free Online Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul William Alexander

From reader reviews:

Robert Nguyen:

Why don't make it to become your habit? Right now, try to prepare your time to do the important action, like looking for your favorite publication and reading a publication. Beside you can solve your trouble; you can add your knowledge by the reserve entitled Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul. Try to face the book Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul as your pal. It means that it can to be your friend when you sense alone and beside associated with course make you smarter than before. Yeah, it is very fortunated for you. The book makes you considerably more confidence because you can know almost everything by the book. So , we should make new experience and also knowledge with this book.

Eleanor Sotomayor:

What do you think about book? It is just for students since they are still students or the idea for all people in the world, exactly what the best subject for that? Merely you can be answered for that query above. Every person has different personality and hobby for each and every other. Don't to be pressured someone or something that they don't would like do that. You must know how great and important the book Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul. All type of book are you able to see on many options. You can look for the internet methods or other social media.

Christopher Hickman:

Often the book Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul will bring you to definitely the new experience of reading some sort of book. The author style to elucidate the idea is very unique. Should you try to find new book you just read, this book very suited to you. The book Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul is much recommended to you to read. You can also get the e-book from your official web site, so you can easier to read the book.

Jonathan Rodriguez:

In this era which is the greater person or who has ability to do something more are more important than other. Do you want to become considered one of it? It is just simple way to have that. What you should do is just spending your time almost no but quite enough to possess a look at some books. Among the books in the top collection in your reading list is usually Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul. This book that is qualified as The Hungry Hills can get you closer in turning into precious person. By looking upwards and review this book you can get many advantages.

**Download and Read Online Hi I'm Bill and I'm Old: Reinventing
My Sobriety for the Long Haul William Alexander #RDISTJ5X78F**

Read Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander for online ebook

Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander books to read online.

Online Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander ebook PDF download

Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander Doc

Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander Mobipocket

Hi I'm Bill and I'm Old: Reinventing My Sobriety for the Long Haul by William Alexander EPub