



Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself

Scott Cooper

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What if every kid had a handy toolbox of ways to get along with others? That's just what this book is: a collection of 21 concrete strategies kids can pull out and use to express themselves, build relationships, end arguments and fights, halt bullying, and beat unhappy feelings. Like the Mighty Might, which takes all the fun out of teasing. And the Thought Chop, which helps kids resist self-defeating thoughts. And the Squeaky Wheel, a type of persistence that gets results. And the Coin Toss, a simple way to resolve small conflicts. Each tool is clearly described, illustrated with true-to-life examples, and accompanied by dialogue and lines kids can practice and use. Stories and anecdotes show each tool in action. A terrific resource for any young person and any adult committed to teaching social skills. Includes a note to adults.

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From reader reviews:

Alma Rasmussen:

Have you spare time for a day? What do you do when you have a lot more or little spare time? Yes, you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a stroll, shopping, or went to often the Mall. How about open or perhaps read a book called Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself? Maybe it is to become best activity for you. You realize beside you can spend your time together with your favorite's book, you can smarter than before. Do you agree with it is opinion or you have different opinion?

Jeffery Fulmer:

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Clifford White:

Why? Because this Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself is an unordinary book that the inside of the publication waiting for you to snap the idea but latter it will distress you with the secret that inside. Reading this book next to it was fantastic author who also write the book in such incredible way makes the content on the inside easier to understand, entertaining means but still convey the meaning completely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This book will give you a lot of rewards than the other book have got such as help improving your skill and your critical thinking technique. So , still want to hesitate having that book? If I have been you I will go to the guide store hurriedly.

Ashley Johnson:

A number of people said that they feel bored when they reading a publication. They are directly felt that when they get a half parts of the book. You can choose typically the book Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good About Yourself to make your personal reading is interesting. Your current skill of reading talent is developing when you similar to reading. Try to choose straightforward book to make you enjoy you just read it and mingle the idea about book and examining especially. It is to be initial opinion for you to like to wide open a book and

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