



Counseling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings

H. Thompson Prout, Alicia L. Fedewa

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A comprehensive, theory-based approach to working with young clients in both school and clinical settings

Counseling and Psychotherapy with Children and Adolescents, Fifth Edition provides mental health professionals and students with state-of-the-art theory and practical guidance for major contemporary psychotherapeutic schools of thought. Children and adolescents are not just small adults; they have their own needs, requirements, and desires, on top of the issues presented by still-developing brains and limited life perspective. Providing care for young clients requires a deep understanding of the interventions and approaches that work alongside growing brains, and the practical skill to change course to align with evolving personalities. The thoroughly revised fifth edition is a comprehensive reference, complete with expert insight.

Organized around theory, this book covers both clinical and school settings in the fields of psychology, counseling, and social work. Coverage of the latest thinking and practice includes Cognitive Behavioral, Rational-Emotive, Reality Therapy, Solution Focused, Family Systems, and Play Therapy, providing a complete resource for any mental health expert who works with young people.

- Understand the major approaches to counseling and psychotherapeutic interventions
- Discover the ethical and legal implications of working with children and adolescents
- Learn how to employ culturally responsive counseling with younger clients
- Examine interventions for children and adolescents with disabilities and health care needs

This updated edition includes a stronger emphasis on the clinical application of theory to specific disorders of childhood and adolescence, and new coverage of the legal and ethical issues related to social media. Chapters include a case studies and online resources that make it ideal for classroom use, and new chapters on Solution-Focused Therapy and Play Therapy enhance usefulness to practicing therapists. Expert guidance covers techniques for working with individuals, groups, and parents, and explores the efficacy of the theories under discussion.



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From reader reviews:

Melissa Sanders:

Spent a free the perfect time to be fun activity to try and do! A lot of people spent their free time with their family, or their particular friends. Usually they doing activity like watching television, likely to beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your personal free time/ holiday? May be reading a book might be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of publication that you should read. If you want to try look for book, may be the guide untitled Counseling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings can be fine book to read. May be it could be best activity to you.

Marisa Reber:

A lot of people always spent their very own free time to vacation or even go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent many people free time just watching TV, or playing video games all day long. If you need to try to find a new activity that's look different you can read any book. It is really fun for you personally. If you enjoy the book that you simply read you can spent all day long to reading a book. The book Counseling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings it is extremely good to read. There are a lot of people who recommended this book. These folks were enjoying reading this book. When you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore easily to read this book from the smart phone. The price is not too expensive but this book provides high quality.

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