



Cafe Max and Rosie's: Vegetarian Cooking With Health and Spirit

Max Beeby, Rosie Beeby

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When Max and Rosie first opened their café, it had four booths, a counter with no stools, and a makeshift kitchen. They stuck to their then-novel notion that the natural, vegetarian food they served nourished a healthy and soulful life, and it was only a matter of time before Max and Rosie's Café and Juice Bar became one of the hottest spots in Asheville, North Carolina. CAFÉ MAX AND ROSIE'S serves up a tantalizing recipe collection featuring scrumptious overstuffed sandwiches, tasty international dishes, and an imaginative selection of fruit smoothies, freshly squeezed juices, and healing tonics that have locals and out-of-towners alike lining up at the door. Beautifully accented by Max's illustrations, CAFÉ MAX AND ROSIE'S is destined to become a treasured kitchen companion.

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