



# Essentials of Cardiopulmonary Physical Therapy

*Ellen Hillegass, H. Steven Sadowsky*

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Based on best practices prescribed in *The Guide to Physical Therapist Practice*, **Essentials of Cardiopulmonary Physical Therapy, 3rd Edition** provides comprehensive coverage of anatomy and physiology, assessment, and aspects of the cardiopulmonary systems, with a focus on their interaction. The disablement model is used in describing the eight cardiopulmonary practice patterns. Expert author Ellen Hillegass also discusses pathophysiology, pharmacology, and interventions in the outpatient setting. Incorporating *Guide* language, her practical approach progresses logically from basic sciences through intervention, and emphasizes lifespan considerations.

- **Material follows *The Guide to Physical Therapist Practice 2nd Edition***, reflecting best practices as defined by the American Physical Therapy Association.
- **Evidence-based content** is based on the latest research in the field.
- **Case studies** show the application of concepts with real-world examples.
- **Pharmacology chapters** reflect both the rehabilitation background of physical therapists and the pharmaceutical expertise of a pharmacist.
- **A focus on wellness** follows the disablement model.
- **Information on geriatric and pediatric cardiopulmonary physical therapy** is easy to apply to patient situations.
- **Testing for both cardiac and pulmonary dysfunction** is conveniently located in a single chapter.
- **Cardiovascular medication information** covers the latest drugs used in cardiopulmonary physical therapy.
- **Information on thoracic organ transplantation** simplifies and explains these complex procedures.
- **NEW chapters** cover the lymphatic system and pediatrics.
- **Revised chapters on cardiopulmonary anatomy and physiology** differentiate between information that is *need to know* and that is *nice to know*.
- **An Evolve companion website** includes medical animations to illustrate concepts, along with a glossary, glossary exercises, and reference lists from the book linked to MEDLINE abstracts.

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