



# FEESST: Flexible Endoscopic Evaluation of Swallowing Using Sensory Testing

*Jonathan E. Aviv, Thomas Murry*

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Dr. Aviv, the inventor of FEESST (Flexible Endoscopic Evaluation of Swallowing with Sensory Testing), provides an innovative approach to the assessment and treatment of swallowing disorders.

The book, written for the medical professional, is illustrated with numerous photos, and also features practical coverage of the use of instrumentation as well as case examples.

FEESST enables otolaryngologists, gastroenterologists, and pulmonologists to raise the level of care for their patients with swallowing problems. This is an essential text for all physicians, clinicians and speech pathologists that treat swallowing disorders. For the first time this new examination allows direct assessment of both the motor and sensory aspects of the swallow, enabling physicians to precisely guide the dietary and behavioral management of patients to decrease the risk of aspiration pneumonia.

Dr. Aviv, along with Dr. Thomas Murry, PhD, SLP, provides readers with the science behind the instrumentation, the protocols for its use, and detailed case studies demonstrating its value in evaluating and managing diverse groups including patients with a history of reflux, recent stroke patients experiencing difficulty swallowing or throat clearing or choking during meals. FEESST is also applicable to patients with an underlying diagnosis of Parkinson's Disease, cerebral palsy, multiple sclerosis, ALS, or dementia, along with patients with a history of upper respiratory infections, unexplained fevers, aspiration pneumonia, or asthma.



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